



Los Angeles County
DEMOCRATIC PARTY

Promoting Plant Based Meals in Public Schools

WHEREAS there is a growing epidemic of diabetes in our nation, and sadly, young people are among the growing numbers of individuals suffering from obesity and diabetes, these diseases can be prevented and reversed by healthier diet choices, and doctors agree eating more fruits and vegetables is an important part of maintaining a healthier diet; and

WHEREAS for tens of millions young people, school lunches are an important part of their daily nutrition, providing them with plant based food choices is one way of promoting healthier eating habits and giving them an alternative to high fat and high cholesterol meat dominated meals; and

WHEREAS reducing meat consumption is also a healthier choice for our planet, animal agriculture contributes a significant percentage to manmade greenhouse gas emissions, water pollution and ocean dead zones, transitioning to more plant based food production can play a part in reducing our carbon footprint, providing cleaner drinking water and decreasing pollution in our waterways and oceans; and

THEREFORE BE IT RESOLVED the Los Angeles County Democratic Party supports providing daily plant based meal options for students in public schools, such food options will promote healthier diets to help reverse the trend toward childhood obesity and the epidemic of Diabetes increasing for those under the age of 20, and as an added benefit, each child who chooses a plant based meal will help reduce our carbon footprint and support a cleaner and more livable environment; and

BE IT FURTHER RESOLVED we shall communicate this resolution to Governor Gavin Newsom, State Superintendent of Instruction Tony Thurmond, Superintendent of LAUSD Austin Beutner, the LAUSD School Board, and the LAUSD Director of Food Services.

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